



EARS

Exploring Anomalous, Religious, & Spiritual Experiences

Have you experienced any of these?

- Spiritual Crisis
- Spiritual Awakening
- Kundalini
- Paranormal Phenomenon
- Psychic Opening
- Mystical State

Does it cause you concern or distress?
Would you like to talk to someone about your
experience?

Talk To EARS

mike@talkaboutspiritualcrisis.uk

www.talkaboutspiritualcrisis.uk

07790 757955

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I offer a **non-judgemental** pair of ears to listen to your experiences in a **safe** and **confidential** environment.

If necessary, I can also **work with you** to help you **understand** and **integrate** your experiences. Or, I may be able to put you in touch with someone else who can help.

I am **not a guru or spiritual teacher** and follow no particular religious tradition.



Many people have spoken to me about their experiences and I have been involved in parapsychology, religious studies, transpersonal psychology and hypnotherapy over the last 20 years.

I am a registered hypnotherapist with the National Society for Hypnosis, Psychotherapy & Mindfulness, and a UKCP Trainee. Please see my website for further details
www.talkaboutspiritualcrisis.uk

Mike